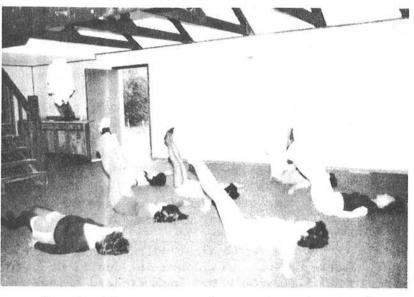


MBULI

a monthly publication of Volume XIX No. 4 THE FILIPINO ASSOCIATION OF GREATER KANSAS CITY

May 1981

FAGKC AEROBIC CLASS SWEATS IT OUT



Basic floor exercises are stressed by instructor, Manny de Leon

An observation gained through personal experience by TAMBULI Editor, Alcy Abanilla.

Moaning...groaning...with sweat pouring down their faces and bodies, the first group of the FAGKC Aerobic Class graduated on May 13, knowing that they are in better shape now than they were six weeks ago when it all started for them.

The group included Adelle Agpoon, Scott Armstrong, Becky Castro, Carmen Chico, Claire Ick, Lillian Pardo, Shirley Sulit, Mila Tiojanco, and myself. Noy Sulit and Vina Agpoon were guests in some of the sessions.

How can a group of intelligent adults spend one-hour-sessions two nights a week for six weeks, seemingly punishing themselves? Easy! The desire to improve ones body — to make it healthier, sleeker, and toned up (or down) is inherent in all of us. Vanity aside, we all like the feeling of well being when our body is functioning properly.

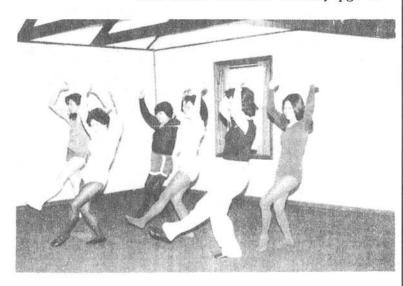
Also, the knowledge that we were helping with the upkeep of our cultural center added the extra incentive. The reasonable fee of \$25.00 for the six week period goes towards paying for utility bills for the Philippine House — every penny of it.

The class instructor, Manny de Leon, unself-ishly gives of his time as his contribution to the Association. To see Manny perform is to see an artiste extra ordinaire! He brings the same vigour, skill, talent, and beauty to the Aerobic Class as he does to the Sinagtala, our dance troupe.

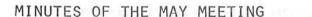
Some weight loss were reported by the group. One reported a loss of five pounds! I did not lose any weight, but I did lose over one inch in the waist and one inch from my hips. I can only take comfort in the thought that muscles weigh more than fat! Another student was really impressed with the fact that when she now wear her shorts, her thighs do not shake anymore.

Although the class was made up of 99% female, this should not discourage the males from attending. This is a fun way to lose that middle age spread (and for beer belly). Or if that is not your problem, it is definitely a way to keep trim and slim. One thing I have not mentioned is that the class is also a good way to improve your coordination.

see FAGKC AEROBIC CLASS, pg. 5



"HIT IT GIRLS!" Fr. l. to r.: Claire Ick, Lillian Pardo, Carmen Chico, Alcy Abanilla, Mila Tiojanco, and Becky Castro.



The meeting was called to order at 8 p.m. by Pres. Carmen Chico. She thanked Drs. Eddie and Remy Lorenzo for acting as hosts.

I It was moved and seconded that the minutes of the April meeting as published in the TAMBU-LI be approved.

II OLD BUSINESS

- A. On last year's September Affair balance to Alameda Hoterl, Pres. Chico called the IRS for new forms for the tax exemption of the association as a non-profit organization. Xeroxed copy from Benny Manalo's records have been renewed on both Missouri and Kansas sides.
- B. The Gatapia family thru Carmen have expressed their wholehearted thanks for the sympathy, prayers and support given in their time of bereavement.

III Reports of the different Committees:

- A. TAMBULI Editor, Alcy Abanilla brought out the idea of going into bulk rate mailing of the TAMBULI, which is cheaper than the first class mailing. John Fread stated that the application fee is \$40 and the annual renewal permit is \$25. There is a minimum of 250 copies each time of mailing and are sorted by zip code. Two copies can't be sent to the same person. Ramon DyRagos is not in favor cause it takes a lot of time and effort to meet the requirements of bulk mailing. Since there are only 200 copies printed each month, the body agreed to have the TAMBULI sent the usual way.
- B. Senior Citizens Committee Chairman Celestino Gomez reported one death from their group. No other report mentioned.
- C. Committee on Constitution and By-laws
 Chairman Eddie Lorenzo stated that with
 the growing association, the by-laws
 need to be looked at on how to incorporate the different subgroups in the
 association. He's thinking of some
 programs for the senior citizens' benefit like examination by medical doctors or "adopt an elderly" program to
 get senior citizens from social isolation. The Committee on Social and Membership may also help organize activities for them.

D. Ways and Means Committee Chairman Lydia DyRagos talked about the garage sale to be held on May 14, 15 and 16. She asked that somebody will be at the Philippine House to open it and receive the items donated on Sundays May 4 and 11. Receipts of the association are needed for those giving donations. Carmen said she will have it ready (xeroxed) on May 4.

The Royal's Concession Stand needs one to have a liquor license to be able to sell. There should be at least 35 people to run the stand which makes Lydia hesitant on this venture but it was suggested to form a committee to ask for volunteers.

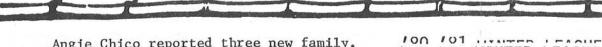
Lydia also mentioned about the Horse Race (AKSARBEN) as a form of fund raising. There's one group leaving on June 27 with a \$40 fee that includes one day food, clubhouse and fare.

The Las Vegas Night will be held at Manny Pecana's residence on June 13 at 6:30 p.m. with a pot luck dinner. Drinks will be sold.

E. Sinagtala Director Manny de Leon reported on the group's performance at the Johnson County Community College. He said it was not a satisfactory performance but a lot of people liked it. Manny wanted to have feedback from the parents and Lee Tabiendo said it was good. Other parents from the group also gave their complements. Manny needs a bigger troupe but he is having a hard time in recruitment.

Tony Racela is thinking of incentives to attract people to join the dance troupe. He proposed to give scholarships to those who will join and devote their time for rehearsals. John Fread on the other hand said it's better to give wages for the members. But since our association is a non-profit one, it was not accepted by the group. Dr. Racela's proposition was put into motion, 18 were in favor while four were not.

- F. Committee on Transportation. Jojo Bacani said he doesn't even know what he is supposed to do in his committee, so Carmen said she will provide him with a written job description on his area.
- G. Social and Membership Committee Chairman,



Angie Chico reported three new family, one individual and one senior citizen members. She thanked those who helped in the Easter Picnic even though this venture didn't generate funds due to the bad weather.

H. Asian Festival Committee report is in the minutes of the meeting held before the general meeting. Tony Racela, the Overall Chairman said that the three basic groups are Filipinos, Chinese and Koreans. The Japanese withdrew from the group. The other participating groups are Indo-Chinese, Vietnamese, Laotians and Indians.

The Medical Conference will be held at Mercy Hospital at the same time of the festival so this is a good time to attract out of town doctors.

An Asian Parade will be held on the opening day. The basis of earning money is productivity. Proceeds from the gate will all go to the pot and will be equally divided among the groups. On food, 100% go back to the group while on handicrafts, 80% will go back to the group. The only problem working with the other groups is among the Laotians who can't speak English.

IV The meeting was adjourned at 10 p.m. followed by a dinner in honor of Alcy Abanilla's birthday.

Submitted by Becky Castro

SINAG-TALA REPORT_

by Celeste Gomez

The Sinag-Tala Performing Arts Troupe shone its light again when they performed at the Johnson County Community College on April 23.

The troupe was well received by an audience of 275 when they danced the Moslem dances and rural dances.

There was still a bit of nervousness and cold feet among the dancers, but in some instances it did not show -- many troupers are learning how to be professional in their dance.

The Sinag-Tala will be preparing for their performance at the Asian Festival in July. '80-'81 WINTER LEAGUE BOWLING CHAMPS

The FAGKC Bowling Mixed League played off last April 26 with the MISFITS bagging the first place. The JEPROX and WE THE FAMILY came in second and third respectively.

A dinner was held the following Saturday, May 2, at Alma's BBQ Restaurant in Independence to celebrate as well as to give away the prize money and plaques. It was attended by the bowlers with their families and friends. The food served which was basically Filipino was good.

The following people received individual plaques for placing first and second teams respectively: Boots Lampa, Benny Vergara, Maggie Vergara and Eric Vergara of the MISFITS; Jun Umali, Angel Agpoon, Becky Castro and Edwin Umali of the JEPROX team.

Individual plaques were also awarded to the following categories: Hi 10 Scratch, Men to Jun Calata with a score of 257; Hi 30 Scratch, Men to Eric Vergara with a score of 621; Hi 10 Handicap, Men to Rolando Mina with a score of 245, 22 handicap and 267 total score; Hi 30 Handicap, Men to Jun Umali with 599 series, 78 handicap and 677 total series; Hi 10 Scratch, Women to Fe Bagunu with a score of 232; Hi 30 Scratch, Women to Evelyn Cruz with a score of 575; Hi 10 Handicap, Women to Evelyn Bagalawis with a score of 207, 52 handicap and a total score of 259; Hi 30 Handicap, Women to Pauline Salvatierra with a 575 series, 78 handicap and a total score of 653.

For the most improved average among men, Dannie Rodin got a key chain while Delia Capili got a pin for her 22-pins increase on her average.

The VISAYANS composed of Genaro Alemania, Margarita Alemania, Orly Portante and Roger Hernandez on the other hand received a hand-towel each for "trying hard". All the awards presented were given by NKC Bowling Lanes. Every bowler got his/her prize money too, the amount of which depends on how many games each team won.

The next Winter League will start on Sept. 16 to be held at NKC Bowling Lanes every Sunday at 3 p.m. Anybody interested to join will be welcome. They could contact the Secretary of the League, Pauline Salvatierra at 483-2780.

Submitted by Becky Castro



MINUTES OF THE ASIAN FESTIVAL MEETING

The meeting was called to order at 7 p.m. by Dr. Manny Pecana, the Overall Chairman of the Filipino group to the ASIAN FESTIVAL. He has chosen also Dr. Chito Tadeo as Co-Chairman. The festival will open on Friday, July 17 from 4 p.m. to 12 m.n. On Saturday, it will be opened from 12 noon to 12 m.n. and on Sunday, from 10 a.m. to 10 p.m.

There will be 10 committees working,

namely:

- 1. Food Committee headed by Lillian Pardo and helped by Flor and Lee Tabiendo. There would be three different colors to be worn on three different days and ID's for those who will work. All personnel working will have food and there will be one booth for them. Food for Filipino personnel will be supervised by Tacing Quinones and Charing Gomez. The Filipino group will prepare refreshments such as buko & cantaloupe drinks, iced tea, coffee, halo-halo and turon. The main dishes will include fried rice and pansit canton. Manny de Leon suggested to have BBQ but it will be a duplication to the food that the other groups have. Proceeds from the sale of refreshments will be ours while on the main dishes, 80% will go back to each group and 20% to the council.
- Ticket Committee Chairman is Carmen Chico with Remy Lorenzo and Angie Chico as co-chairmen. Carmen will be in charge of the advance sale tickets. Before selling tickets, there should be a program of activities first. Jun Puno is in charge of printing. Tickets sold in advance cost \$2 and \$2.50 at the gate. One group has recommended a printing cost of \$109 for 20,000 business size card tickets. It was suggested to have a bamboo trunk with leaves as logo background on the tickets since this is common to Asian countries but this has to be approved by the council first. It was also suggested to have the tickets stamped at the back with a signature to avoid duplication.

The program needs to be confirmed by 1st week of May and tickets would be ready by May 8. Manny asked the group regarding admission of children in the fair. It was agreed that children 12 years and below will be free.

3. Promotion Committee will be headed by Claire Ick which will include publicity in

newspapers, radio and TV. Part of the ad coverage will be handled by the Crown Center (50-50). Manny will have to discuss this with the Council President.

- 4. Souvenir Program and Solicitation Committee is headed by Dr. Chito Tadeo who will be in charge of writing letters, ads and communications with Jun Puno for the souvenir program. However, he will need to meet with the other committee chairmen from the other groups. Noy Sulit, Ramon and Lydia DyRagos will help. Ticket sales is a source of finance plus other projects set by Ramon and Lydia DyRagos such as the Garage Sale and the La Vegas Night on June 13 at Manny Pecana's residence.
- 5. Finance Committee will be handled by Lily Casillan and the overall finance by Benny Manalo. Expenses for all ventures will come from the council but we need to put up money for the food materials.
- 6. Committee on Decorations is headed by. John Fread with Ed Bechelmayer. This include electrical installation too.
- 7. Exhibits Committee Chairman is Tony Racela for the Filipino participation.
- 8. Handicrafts Committee will be handled by Fr. Asterio Duque and Manny Pecana with Eileen Fidelino helping. This would be done on a consignment basis from either Chicago or California where Fr. Duque has contacts. This contract will enable us to return what has not been sold. However, we have to pay half of Fr. Duque's fare in going to either of these places. Items to be procured range from \$5 to \$10 which are easier to sell than the more expensive items.
- 9. Entertainment Committee Chairman is Manny de Leon. An Asian Ball is planned to be held a week before the festival.
- 10. Personnel Committee Chairman Celestino Gomez will also be in charge of Security. Manuel Andres and Gene Alemania will be helping him. They will watch over personnel coming to work since they will be free at the gates. Security is also needed during the collection of money after each day. Each group needs to have a representative and auditor when the money is counted on Monday after the festival.

The meeting was adjourned at 8 p.m.

Submitted by Becky Castro

FAGKC AEROBIC CLASS,,,

...LOOK OUT VEGAS, HERE THEY COME!?!

continued from page 1

Wow! You get health, beauty (everyone will agree that when you are in good health, beauty shines from within as well as out), coordination, camaraderie, and knowing you are contributing to the Association's needs...all for \$25.00!! Now, where else can you get a bargain like that?

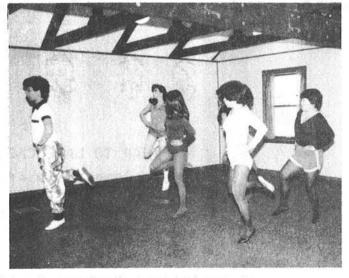
The next class has already started, but it is not too late to join. Arrangements can always be made for discount rates to adjust individually. Also, by popular demand, it looks like this is going to be an ongoing activity. So, if you miss this group, make plans to join the next group on June 23.

Those registered in the present class are Becky Castro, Carmen Chico, Cora Ferrer, Fe Gatapia, Claire Ick, 9-year-old Filipina Lampa with her mom, Miling Lampa, Cora Lising, Vicky Mendoza, Nellie Portante, Tacing Quinones, and myself. Once in a while, Emily and Julie Quinones come to give their mom moral support.

The classes are held Tuesdays and Fridays, 7:00-8:00 p.m., at the Philippine House, 9702 West 79th St., Overland Park, Kansas.



MOVE IT LADIES!...One...two...three...four...



Right foot up, Carmen ...!



Throw those hips out...! Exaggerate those movements...and-a-one...two...three...four!



"..... will survive...!"

YEAR TO DATE CASH REPORT*- GENERAL FUND January 1, 1981 to May 22, 1981

Ве	eginning Balance as of January, 1981 Administration:	\$	71.55
IN	NCOME:		
	Membership Fees: 27 Individual Members @ \$10.00 \$270.00 47 Family Members @ \$20.00 940.00 2 Senior Citizens (Family)		
	Advertising Income 166.00		
	Donations		
	Easter Picnic Raffle and Tickets 40.45	\$1443.45	
EX	TPENSES:		
	Past Administration, 1980. \$ 41.85 Award Plaque 216.44 TAMBULI Printing 346.46 Postage 132.00 Hospitality Committee 84.00 Easter Picnic 103.74 Asian Festival Stamper 12.56 P.O. Box Rental 14.00 Registration Fee, State of Kansas 5.00 Registration Fee, State of Missouri 1.00 Advertising, Garage Sale 7.50 Check Printing 3.20	067.75 6	475.70
	Check Printing	967.75 \$	475.70
CA	SH BALANCE	· · · · <u>\$</u>	547.25

^{*} Year to date cash report is an overall summary of the General Fund transactions for 1981 - refer to Cash Flow Statements for details.

Prepared by:

Lily V. Cisallan

Audited by:

norma '



CASH FLOW STATEMENT - GENERAL FUND For March 23 to May 22, 1981

Beginning Balance:	\$ 539.83
INCOME:	
Membership Fees:	
6 Individual Members @ \$10.00 \$ 60.00	
10 Family Members @ \$20.00 200.00	
2 Family Senior Citizens	
Advertising Income:	
Asian Market	
Carlos Tamonte	
Eileen Fidelino 5.00	
Freadway Enterprises 6.00	
Hen House	
Nature's Corner	
Weber Carpet	
Donation: Hen House	
Other Income (Easter Picnic)	
EXPENSES:	
Moreh MANDII I Drinting	
March TAMBULI Printing	
April TAMBULI Printing 83.84 Postage (March and April)	
Easter Picnic	
Hospitality Committee	
Advertising (Garage Sale)	
Asian Festival Stamper	
Registration Fee, State of Kansas	
Past Administration, Alameda Plaza Balance 23.14 <449.03>	7.42
66.43	
BALANCE	\$547.25

Prepared by:

Lily V. Casillas

NEWS FLASH The fund raising Garage Sale held May 14,15, and 16, netted \$171.99.

PRESIDENT'S MESSAGE

I had a serious talk with my sister, Angie, co-chairman of the Membership Committee, about the Association. She asked me, "WHY ARE THERE FEW MEMBERS PAYING THEIR DUES?" I was really jolted by this question. So, I thought of conveying this to you, the Filipinos in the community.

I agree with all of you that when you are told of the same thing, it gets boring, it gets to your nerves, it bothers you. But I am sticking to my belief of PATIENCE and PERSEVERANCE.

After talking to Angie, I gathered all the issues of the TAMBULI this year and examined the lists of paid members. There was one thing I noticed, I don't know if you did. Most of the people who have paid to date are either brand new members or have not been members for a long time. This really surprised me.

Before I feel discouraged...let me ask you this: What can you, as a Filipino in the community, suggest to me that would convince you to rejoin the Association? This is our only CLUB here. It is not mine, or any one single individual's group. This is our Association. Why not add your voice to it?

Let me paraphrase John F. Kennedy's famous lines..."Ask not what your Association can do for you, (but rather) ask what you can do for your Association."

I deeply thank all of you who are very helpful, showing your support at all times. To Lydia DyRagos, who did a very fine job in the Garage Sale. To the Vergaras, for the use of their garage, to you all who donated items for sale and to those who bought the items...to all of you, Thank You!

I'll be eager to hear your suggestions as to how you can be convinced to join the Association and participate in its activities. Help me answer the question, WHY ONLY FEW MEMBERS HAVE PAID UP TO THIS POINT??"

Carmen C. Chris

MAY PAID MEMBERS - 1981

Individual Membership

Mila R. Halex Luz C. Paraiso

Family Membership

Jun & Malou Aesquivel
Phil & Mely Balino
Antonio & Maria Cabansag
Roger & Tessie Javillonar
Rudolfo & Miling Lampa
Rudy & Rose Salvatierra

Senior Citizen Membership

Manuel & Margaret Andres

JUNE BIRTHDAYS

- 2 Hans Sicat
- 7 Jun Puno
- 15 Mark DyRagos
- 19 Peos Gador
- 21 Jun-Jun Aves Ramon Tadeo
- 22 Rebecca Mendoza
- 26 Bong Chico
- 28 Jun Gador

JUNE WEDDING ANNIVERSARIES

- 6 Phil & Mely Balino
- 12 Francisco & Peps Gador
- 13 Frank & Marilou Soriano
- 15 Lee & Flor Tabiendo
- 20 Nonong & Lillian Pardo
- 24 John & Coleen Fread
- 27 Fred & Norma Ramos
- 28 Ramon & Lydia DyRagos

HERE ... AND ... THERE

Farthest Members - The FAGKC recently received the membership fee from BENIGNO and MARILOU AESQUIVEL. The couple previously resided in KC before moving to Seattle, Wash. We would like to welcome you back, still.

Greater KC Science Fair - RODNEY FARAON, the only child of Drs. Jose and Linda Faraon, was one of the awardees at the recent SCIENCE FAIR. Rodney's presentation, MYOCARDIAL INFARCTION or HEART ATTACK, was rated Excellent by the judges of the contest. Also, the team of CELESTE GOMEZ, daughter of Dr. and Mrs. Gomez, and MARY MARQUES, daughter of Mr. and Mrs. Lupe Marquez, won a Superior rating for their project, PREVENTIIVE DENTISTRY IN THE 80s. 'Both are juniors and honor students at St. Mary's. The SCIENCE FAIR competition consisted of students from all over greater Kansas City.

Infant of Prague Mass - A well attended mass for Infant Jesus of Prague's (Sto. Nino) celebration was held at St. John's Church on May 9. Flowers were offered to the Infant's Statue after the communion. The children who participated in the floral offering were: Divina Gracia Agpoon, Janet and Darrel Arribas, Jasmine Balino, Reina Fay and Sol Allan Enriquez, Jennifer Ferrer, Amy and Terry Hester, Christopher Javillonar, Melanie Lorenzo, Joy and Melissa Lising, Rebecca Mendoza, Joy, Jan, and Jojo Miciano, Rosanna, Stephanie, and Michael Mina, Venus Marie and Randy Ramos, and Jennifer Simon.

The mass was offered by FR. ANGELO CARBONE, SUE HARRIS furnished the organ music, and CELESTE GOMEZ led the singing throughout the mass. Coordinators ANGIE CHICO and SONIA RAMOS, and yours truly, gratefully thank those who attended the mass, the parents who drove their children, and those who brought in foods. A joyous celebration, inspite of the heavy rain.

Twin Birth - Congratulations to the proudest mother on Mother's Day, EMY MENDOZA-SANTILLAN, who gave birth to a twin -- a boy and a girl. The dazed father, RICHARD, said they'll name the babies CHRISTOPHER WARREN and MARY JOYCE. Volunteer baby sitter amongst friends are welcome.

More Babies - GIGI FRANCIA-MATEO gave birth to another baby girl by caesarian section May 13. She and her hubby, Jason, named the baby JENNIFER MAY.

MINA ECHALICO-ALMERIDO's first baby was a girl, born May 22 at St. Mary's Hospital, ABIGALE will be a welcome sight to daddy GENE upon his arrival in this country.

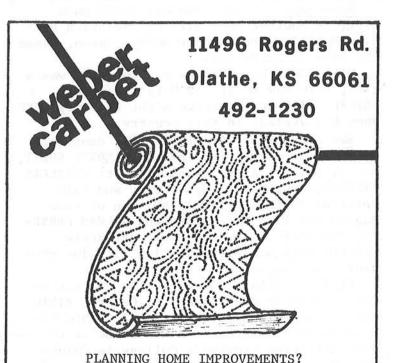
New Graduates - GRACE LEGASPI, daughter of Dr. Pedro and Norma Legaspi; ANDREW SULIT, son of Dr. Arnie and Shirley Sulit; GERELEAN VERGARA, daughter of Drs. Gerry and Lulu Vergara; MOREL CALATA BAGUNU, son of Romeo Bagunu and Flor Borchardt; and AILEEN HERRE-RA, daughter of Mr. and Mrs. Jose Herrera are the high school graduating Filipino students this year.

FELICITO CALATA BAGUNU received a Bachelor of Arts in the Bible from Central Bible College in Springfield, Mo. while ROMEO CALATA BAGUNU, JR. received his Bachelor of Fine Arts from Stephen's College in Columbia, Mo. Both are sons of Romeo Bagunu and Flor Borchardt.

Honors and Achievements - CELESTE GOMEZ was nominated as a candidate for the 1981 Miss United Teenager of Missouri Contest. Service to the community and scholastic achievements are among the few things that are accredited toward nomination. FILIPINA LAMPA, third grade daughter of Rudolfo and Miling Lampa, won second place in a Math-a-Thon contest in December and first place in a Spell-a-Thon contest in April. In March, her essay on Martin Luther King - Black Heritage History was the winner in her school, D.M. Pinkerton Grade School. AURORA M. FRANCISCO, daughter of Dr. and Mrs. Edgardo Francisco of Leavenworth, was recently awarded a \$600 scholarship by the School of Engineering of the University of Kansas for her high scholastic performance.

Wedding Bells - Romel Lampa and Josephina Mangubat will exchange marriage vows on June 27 at Central United Methodist Church on 52nd and Oak St. Their proud parents have issued an open invitation to the Filipino community.

Birthday Celebrant - JEANNIE "PUNIE" GA-DOR, daughter of Dr. Frank and Peps Gador celebrated her 5th birthday in their home May 9. DR. JOE FARAON, who is doing well after his heart surgery, quietly celebrated his birthday, May 5, at home. DR. MILA TIOJANCO was treated by the luncheon Ladies on her birthday, May 16.



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ATTENTION FUN SEEKERS!!!!!

The Sinagtala would like to invite each and everyone of you who would like to learn traditional Filipino Folk Dances.

If you have free time on Sunday afternoons from 1:00 to 5:00 p.m., drop by the Cultural Center..... you'll meet many of your old friends there, and you might even like to try some of the dance steps.

Don't be shy.... you might discover that you have talent!!!!!!!

For more information call:

Lillian Pardo: 722-5913 or Celeste Gomez: 483-3312

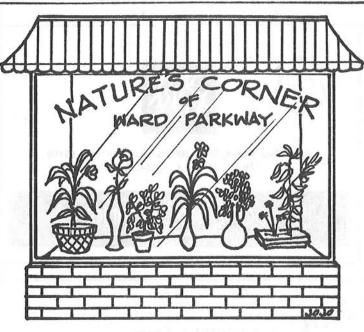
TAMBULI, a monthly publication of the FAGKC, a non-profit organization. Materials submitted for publication should be mailed to: Editor, 2933 Baltimore, #304, KCMO 64108 or call 421-4252 between 8:30-5:30 p.m.

President Carmen Chico Editor Alcy Abanilla Asst. Editor Bong Chico Feature Editor Sonia Ramos Artists Jojo Bacani Tim Zuniga

Coordinator Becky Castro

Correspondents:

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Manuel deLeon is back to K.C.

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Oak Park,

Trained w/ John & Susan Chadwich of New York and London.

Has been to Atlanta, Houston and North Carolina to specialize in Hair design for men & women.

MANUEL DeLEON



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-JEFF HOUSE

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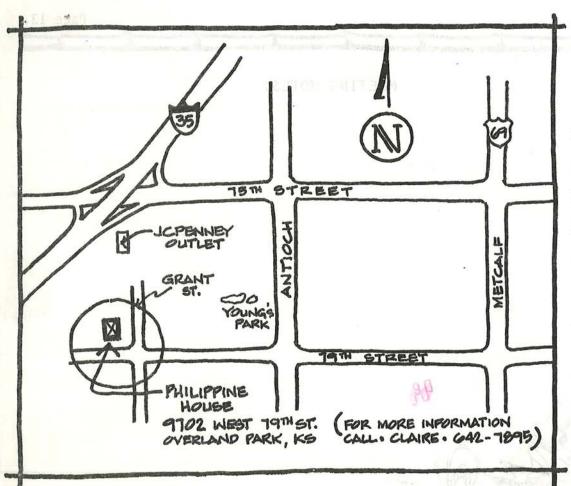
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